





## UPDATE - FLOWER ORDER PICK UP INSTRUCTIONS

This week we shine the Spotlight on....

### Mrs. Kate Gross

**Position at our school:** School Health Nurse

**Personal Info:** "I have been married to my husband Matt for three years. We got married in Hilton Head Island with all of our friends and family. It was the best time ever. We have a beautiful little girl named Remington Lynn who is almost a year old. We live in Reading, Ohio and love to spend time working on our home."

**Where I Grew up:** "I grew up in Rutherford, NJ. I moved to Louisville, KY to attend Bellarmine University after I graduated from high school; then I moved to Cincinnati after college and bought our first home."

**What I love about my job:** "I love being a school health nurse because I want to make a difference in health education, and I believe that everything starts with our children. If I could influence even one child, I am doing my job."

**Birthday:** October 4th

**Pets:** Sage (yellow Lab/Great Dane mix) and Pepper (Border collie mix)

**Favorite Color:** Blush Pink and Sunshine Yellow

**Favorite Snack:** Anything with chocolate!

**Hobbies:** I love to read - I try to do two books a month!

**Something interesting you may not know about me:** "I am an ordained minister, I could officiate a wedding! I am also a certified yoga instructor!"



### Yearbooks on Sale!

This is a year you are going to want to remember! Order your yearbook now to save the memories from this memorable year. Deadline for ordering is May 13. You may also order on-line by going to <https://ybpay.lifetouch.com/Order> and using our school code, 9831220.

*With the restrictions in place due to COVID-19, we are making changes for pickup which are very different from years' past and modeled after what some garden centers have currently adopted. It is very important for everyone's safety that you respect the procedure and rules and wait to be called to retrieve your order.*

To keep you and all of our volunteers safe, **PLEASE DO NOT SHOW UP ON SATURDAY, APRIL 25** to collect your order - we are not permitted to have customers in the building. Instead, this is the procedure we will follow:

- *We will reach out to you as soon as your order is able to be pulled and that may be earlier than Saturday as stock arrives.*
- *If you are able to pick up someone else's order, please let us know when we call.*
- *If you cannot come at the time you are called, we will hold your order for you.*
- *Someone will be in the parking lot when you arrive directing you where to park. Please do not get out of your car.*
- *If you are unable to leave your house to pick up your order, we are offering delivery. You may also call Kathy at 265-4191 or Jen at 513-520-2964 to arrange delivery—we will need your address and confirmation you will be home for payment.*
- *At the time of pick up or delivery, we appreciate payment by check (preferred) or cash though we are not giving change for cash payments.*

*We want to ensure we keep everyone safe as flowers are distributed. Thank you in advance for your patience and cooperation! Please see our website for additional details: <http://www.stteresa.net/youth-group/>*





## Athletic News



### 2020 Fall Soccer Registrations

Hello everyone, we all know that athletics have been turned upside down due to social distancing. There are currently no plans; however, to delay the fall soccer season. Practices are currently set to begin August 1st. Registration for the fall season is open online now. There will be no in person signups; but if you require a paper signup, or are unable to register online currently, please contact Mike Roberts (513-403-7565) or Crystal McGrath (513-508-3633).

Please do not wait to register. Registrations will close on May 1st (pre-passer, lollipop, and co-ed HS will remain open until August). Players will only be accepted on an as needed basis at that point. We have a lot of age groups that could be on the bubble for 1 large team or 2 small teams, so if you miss the deadline, you run the risk of being placed on a wait list.

The 2020 Football registrations are also open and will remain open until May 1<sup>st</sup>. If you have any questions concerning football, please contact Jeff Aull ([JeffAull@gmail.com](mailto:JeffAull@gmail.com))



### Act of Kindness

Hi students! You know how hard this quarantine has been on you and your families by having to keep a distance from others? Well, West Park Nursing Home has been on lockdown for a MONTH, no contact with family, and the residents are pretty sad. They need some CHEER and the staff reached out to ask ST. TERESA = YOU for help!

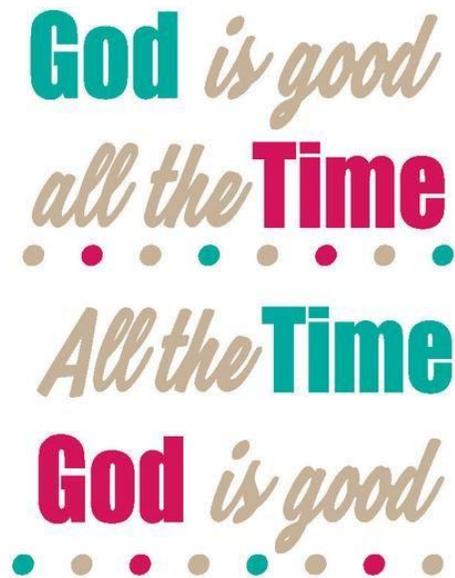
Interested in performing an [#ActOfKindness](#) for this [#SmileProject](#)? Here are the details: they would love some bright, cheerful artwork (posters, pictures, well wishes) that they can hang on the walls, in the resident's rooms, or in the hallway. Please drop off your art to the St. Teresa parish office. If it fits in the mailbox, bring it any time. If it is oversized, drop it off at the parish office from 10-11 AM Monday-Friday (preferably by Friday, April 17). Tell your friends too (all ages), we know you will help spread the word to bring some CHEER! Thank you!



### Quote of the Week...

*"If you are always trying to be normal, you will never know how amazing you can be."*

*Maya Angelou*



April 16, 2020



Hello Bruins!

I hope you are all staying safe and healthy at this time. I know we are still in the thick of this virus mess, but if we all keep our heads held high and our practice strong, we will be just fine. With positive solutions will have positive outcomes! We just have to remember to keep practicing good prevention techniques and listen to briefings and updates from Governor DeWine. You can do so at this link [Governor DeWine announcements](#)

I am thinking of the students always, and am here to help with any health concerns or questions whenever you need me. My e-mail is [gross\\_k@stteresa.net](mailto:gross_k@stteresa.net) and I am very good at getting back as soon as possible. Medication questions, symptom concerns, first aid solutions, I can help you with anything you need.

Just out of review... here are the health tips to prevent this virus in your home...

- **Wash your hands.** As soon as you come into the house, before you touch anything. Wash before and after you eat, after the bathroom, after petting/caring for your pets, visible dirt, etc. THIS is your first act of prevention, always. 20-30 seconds of scrubbing, rinse and dry. Use hand sanitizer at the store, after you use the gas pump, anywhere frequently touched by others.
- **DO NOT touch your face.** If you really must touch your face, wash your hands thoroughly first. The quickest way of obtaining this virus is touching a surface with the virus on it and then bringing it to your mouth or eyes.
- **Social distancing.** Staying 6 feet away from one another can help reduce the ability for you to obtain this virus, even if the other person isn't sick. You don't know where others have been and how well they practice their prevention. Avoid congregating in a small grouping of people. This is an easy task to do, it just takes practice.
- **Take off your shoes.** Try not to walk your shoes around the house after being outside. Not only is it a good, clean habit to make, but you don't want to track bacteria onto your floors in the place that you live.
- **Clean your home.** Disinfectant is perfect, but even other cleaning supplies will be better than nothing. If you have children who put their hands on the ground, remember their handwashing is a stronger need.
- **Cough or sneeze into your elbow.** This is also a good, clean habit to practice that will help prevent any bacteria or virus from spreading to others or landing on surfaces frequently touched. After you sneeze or blow your nose? Wash your hands!

Remember, your kids learn best by your example. If they watch you doing actions of good hygiene and prevention, they will also practice good hygiene and prevention. Our children are the ones who will better shape this world as they grow, let's teach them actions that could save us.

In health and wellness,

Kate Gross BSN, RN - School Health Nurse